

Listing of drugs carried along as part of an expedition first-aid kit

Trade name	Producer	International non-proprietary name	Indication
Bepanthen Augen- und Nasensalbe	Bayer	Dexpanthenol (5%)	Snow blindness
Buscopan Plus	Boehringer Ingelheim	Butylscopolamin-bromide/Paracetamol (10mg/500mg)	Stomach ache
Capval	Infectopharm	Noscapine (25mg)	Cough
Cefurox	Basics	Cefuroxime axetil (500mg)	Bacterial infection respiratory/ urinary tract
Cipro	1A Pharma	Ciprofloxacin (500mg)	Bacterial infection gastrointestinal tract
Dolo-Dobendan	Reckitt Benckiser	Cetylpyridinium-chloride/Benzocaine (1,4mg/10mg)	Sore throat
Fortecortin	Merck	Dexamethasone (8mg)	High altitude cerebral edema
Ibu 400 akut	1A Pharma	Ibuprofen (400mg)	Headache, general painkiller
Ichtholan	Ichthyol	Ammonium-Bitominosulfonate (50%)	Local infection
Laxans AL	Aliud Pharma	Bisacodyl (5mg)	Obstipation
Loperamid AL akut	Aliud Pharma	Loperamidhydrochloride (2mg)	Diarrhea
Lora-ADGC	KSK-Pharma	Loratadine (10mg)	Allergy, Anaphylaxis
MCP	Stada	Metoclopramide (10mg)	Nausea
Nasentropfen AL	Aliud Pharma	Xylometazolin-hydrochloride (0,1%)	Common cold
Nifical retard	Zentiva	Nifedipine (20mg)	High altitude lung edema
Novaminsulfon	Lichtenstein	Metamizole (500mg)	Medium-strength pain, colic
Panthenol	Ratiopharm	Dexpanthenol (50mg/g)	Small wounds
Polyspectran Tropfen	Alcon	Polymyxin-B-sulfate/Neomycinsulfate/Gramicidin (7500 I.E./3500 I.E./20 µg/ml)	Snow blindness
Soventol	Medice	Bamipin[(RS)-lactate]	Insect bite, sunburn
Tannacomp	Medice	Tanninalbuminate/Ethacridinlactate-Monohydrate (500mg/50mg)	Diarrhea